



PerioDash Talking Points

What is PerioDash?

- A virtual 5K run/walk organized by the AAP Foundation in its 12th year
- Takes place Sept 18–Oct 25, 2026
- Participate on your own or with a team
- Supports the AAP Foundation while promoting periodontal and peri-implant health

Why We're Participating:

- To connect with our community, colleagues, and patients
- To promote wellness while supporting the specialty of periodontics
- To raise awareness about periodontal and peri-implant diseases, the importance of treating them, and the dedicated specialists who can help
- To create a memorable experience for our team

How to Get Involved:

- Register at periofoundation.org
- Participate on your own or gather a team
- Follow along and share photos with #PerioDash #AAPFoundation

Want to Learn More?

Explore the [AAP Patient FAQs](#) for quick facts about gum disease, peri-implant health, and treatment options you can use when talking about PerioDash with patients, friends, or your community.

You can also visit the [AAP Gum Disease Information](#) hub for additional details on risk factors, prevention, treatment, and the connection between periodontal health and overall wellness. These resources can be used in social posts, newsletters, or patient conversations.



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Levi-Richman
INTEGRATION
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of the AAP FOUNDATION